
BOWEL PREPARATION FOR YOUR PROCEDURE

Scheduled for:

Date: ____/____/____

Time: _____ a.m./p.m.

Note: Before beginning the following steps, have your prescription for HalfLytely® filled.

THE DAY BEFORE THE PROCEDURE: *Make sure to wait 6 hours after taking the Bisacodyl tablets before starting the HalfLytely*

- In the morning, add one flavor pack then fill jug to the water line with warm water, cap and shake and then refrigerate. Have a clear liquid breakfast. Clear liquids include black coffee or tea, clear fruit juices (apple or grape), light soup, broth or bouillon, non-red gelatin dessert.
- Have a clear liquid lunch.
- At 12:00 (p.m./a.m. begin taking the time-released Bisacodyl tablets provided in the prep kit box.*
- Continue your clear liquid diet the remainder of the day.
- At 6:00 (p.m./a.m. – Begin drinking HalfLytely® as instructed – 8 oz. every 10-15 minutes until the bottle is empty. [Rapidly drinking a glassful is better than sipping an ounce or two at a time].
 - You will have consumed several glassfuls before having the first loose, watery bowel movement.
 - Initially, you may feel slightly bloated, but will become more comfortable as you continue to have bowel movements.
- **Do not eat** anything until after your examination.

THE DAY OF THE PROCEDURE:

- You must be accompanied by a friend or relative to drive and/or assist you home.
- You may take your regular medications unless instructed otherwise.

This prep sheet has been altered at the request of the physician.